



### *Announcement*

Welcome to the third edition of Ndabuchiseh newsletter! Every three months, we publish a newsletter. You can subscribe to our newsletter by filling the form on our website: [www.ndabuchiseh.org](http://www.ndabuchiseh.org) or write to us at [info@ndabuchiseh.org](mailto:info@ndabuchiseh.org).

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## Painful Stories of War



War does not only destroy communities and families but also disrupts the development of the social and economic fabric of nations. The effects of war include long-term physical and psychological harm to children and adults, as

well as a reduction in material and human capital. The most obvious consequences of war are widespread death, destruction, horrible abuses of human rights, and trauma. Most of the youth in the English-speaking regions of Cameroon have experienced all these and have horrible stories of the effects of war on their lives. In this edition, we bring to you the painful stories of one of our beneficiaries.

“Life in the northwest and south-west has always been normal. Although coming from a poor background, we had in mind that tomorrow will be better. This was because our parents were making all the efforts to send us to school.

“It isn’t enough to talk about peace. One must believe in it. And it isn’t enough to believe in it. One must work at it.”

– Eleanor Roosevelt

It was not easy for us to eat; we farmed before eating, and our lives depended on that. Things were gradually going as planned before the outbreak of the crisis. When the crisis broke out, my father’s only farm that sustained us was destroyed through burning, and my father and one of my brothers were killed. Since then, life has been a hell for me and my younger siblings.

My education has been frustrated. When I was small, my dream was to become great through education, which would enable me to get a job to take care of my family and other helpless Cameroonians.

The crisis has displaced me from my own land(village), where I had access to everything, to where I can barely eat. Where I live presently, I am always insulted, and this makes me feel depressed.

I remember the plans of my late father, he used to tell me, “my son, you will not live your life in Cameroon. I will do everything possible for you to leave this country”, but what happened? He became killed; I have been living in tears.”  
Godlove, 26 years old.

### Our upcoming residential youth peacebuilder training

There is an armed violence in the English-speaking part of Cameroon. Youth vulnerability and involvement in this armed violence are leading to deaths, trauma, displacements, destruction of property, and horrendous abuses of human rights. We are currently selecting the pilot intake of IDPs (youth) between the ages of 18 and 30 like Godlove to be trained in peacebuilding and self-employment skills (renewable energy technology, organic farming, and community nursing) on scholarship. The scholarship will cover cost of accommodation, food, and tuition for nine months of intensive residential training. Please contribute.

## Ndabuchiseh joined hands with CADA on World Drug Day this year



Drug abuse is one of the factors causing violence.

Please contribute to our crowdfunding:  
<https://gogetfunding.com/contribute-to-the-rescue-of-dying-youth-in-camerouns-civil-war/>

Join us on LinkedIn:  
<https://www.linkedin.com/company/ndabuchiseh>

Visit our website: [www.ndabuchiseh.org](http://www.ndabuchiseh.org)

Thank you!

Drug abuse is a problem that presents a multifaceted challenge that affects the lives of millions in the conflict stricken North West and South West regions of Cameroon. From individuals struggling with substance use disorders to communities grappling with the consequences of drug trafficking and organized crime, the impact of drugs is far-reaching and complex.

The International Day against Drug Abuse and Illicit Trafficking, is marked on June 26 every year to strengthen action and cooperation in achieving a world free of drug abuse. This year's World Drug Day campaign recognizes that effective drug policies must be rooted in science, research, full respect for human rights, compassion, and a deep understanding of the social, economic, and health implications of drug use.

Ndabuchiseh, on the invitation of CADA, visited the juvenile section of the Bamenda central prison to sensitize the young inmates on the dangers of drug abuse. The founder of Ndabuchiseh gave a talk on peace. CADA is an organization using ART to advocate against drug abuse, support marginalized and internally displaced youth, and build peace. Together, let us amplify our efforts to combat the global drug problem, guided by the principles of science, compassion, and solidarity. Through collective action and a commitment to evidence-based solutions, we can create a world where individuals are empowered to live healthy, fulfilling, and peaceful lives.